

## STROKE AND COMA

Guidelines for End-Stage Stroke, Coma and Related Disorders

## **CORE INDICATORS:**

In the physician's clinical judgment, the patient has a terminal condition of 6 months or less if the disease follows its usual course.

Documentation of End Stage Disease is present.

The patient/family is informed of the life-limiting condition and choose palliative care.

Recent impaired functional and/or nutritional status.

## AS EVIDENCED BY:

- A Palliative Performance Scale of < 40; mainly in bed, mostly requiring assistance with self care
- One of the following MUST be present and documented in Medical Record:
- · Weight loss > 10% during the previous 6 months
- Weight loss > 7.5% in previous 3 months
- · Serum Albumin < 2.5 gm/dl
- · Current history of pulmonary aspiration without effective response to speech language pathology interventions
- · Calorie counts documenting inadequate caloric/fluid intake

Would you be surprised by this patient's death within the next six months?





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