



The Big Bend Hospice Bereavement Department invites you to our

2026 Children's Nights

This grief support group is designed for children ages 6-12 and meets on the 4th Tuesday of each month from 5:30 to 6:30 p.m. Sessions take place in the Family Room at the Jean McCully Family House, located behind the Elaine C. Bartelt Administration Center at 1723 Mahan Center Blvd., Tallahassee, FL.

Children do not need to have experienced a recent loss to benefit from participating. Led by trained grief counselors, this group provides a safe and supportive space for children to express their feelings, ask questions, and learn healthy coping strategies. A pizza dinner is provided.

January 27	JMFH Family Room	5:30 pm - 6:30 pm
February 24	JMFH Family Room	5:30 pm - 6:30 pm
March 24	JMFH Family Room	5:30 pm - 6:30 pm
April 28	JMFH Family Room	5:30 pm - 6:30 pm
May 26	JMFH Family Room	5:30 pm - 6:30 pm
June 23	JMFH Family Room	5:30 pm - 6:30 pm
July 28	JMFH Family Room	5:30 pm - 6:30 pm
August 25	JMFH Family Room	5:30 pm - 6:30 pm
September 22	JMFH Family Room	5:30 pm - 6:30 pm
October 27	JMFH Family Room	5:30 pm - 6:30 pm
November & December	Refer to Holiday Events	Group resumes 2027

For more information or to register, contact:

Pam Mezzina | (850) 878-5310 | pmezzina@bigbendhospice.org.

**Registration is required for the initial session. Donations are gratefully accepted.*

We look forward to seeing you!



**Big Bend
Hospice**

bigbendhospice.org



THE FLORIDA STATE UNIVERSITY
COLLEGE OF MEDICINE

