

About Big Bend Health

Building on 43 years of care through Big Bend Hospice, Big Bend Health now brings home health, palliative care, and hospice together under one continuum of care.



Legend

 **Big Bend Health Headquarters**
1723 Mahan Center Blvd.
Tallahassee, FL 32308
850.878.5310

Inpatient Units

 Margaret Z. Dozier Hospice House
 First Commerce Center for
Compassionate Care (FCCCC)

 **Big Bend Hospice Field Offices**
171 US Highway 98 West
Eastpoint, FL 32328
208 North Adams Street
Quincy, FL 32351
615 North Jefferson Street
Monticello, FL 32344
126 SW Sumatra Avenue, Suite B
Madison, FL 32340
402 East Ash Street,
Perry, FL 32347
14 Medallion Lane
Crawfordville, FL 32327

Why Big Bend Health?

Big Bend Health connects patients and families to the right care at the right time through a continuum that includes **Big Bend Home Health, Big Bend Hospice, and Big Bend Palliative Care.**

Rooted in 43 years of caring for our communities, Big Bend Health provides coordinated support for recovery, serious illness, and end-of-life care. Our teams work together to help patients navigate changing health needs with comfort, guidance, and confidence, while ensuring families have the support and resources they need along the way.

*Wherever someone is in their healthcare journey,
Big Bend Health is here to help.*



1723 Mahan Center Blvd.
Tallahassee, FL 32308
(850) 878-5310
bigbendhospice.org



Big Bend Health

Introducing Our Providers



**Big Bend
Health**

*Caring. Compassionate.
Community-Owned.*



The Right Care *at the Right Time*



Home Health

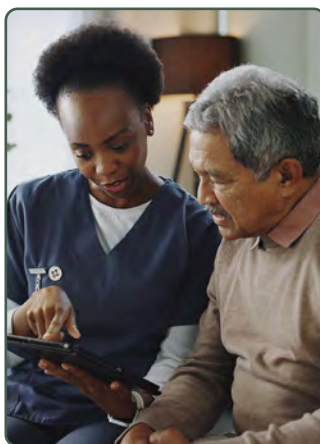
Provides skilled care for patients recovering from surgery, illness, injury, or a change in condition, all from the comfort of home. Working with the patient's physician, the care team may provide nursing, rehabilitation therapy, wound care, medication education, disease management, and other services to help patients recover safely and remain as independent as possible.



Big Bend Palliative Care

Provides care for people with serious illness, focusing on comfort, symptom relief, and quality of life. Care can begin at any stage and continue alongside other treatments. Working with the patient's physician, the team helps patients and families understand their condition, consider options, manage symptoms, and feel supported throughout their care journey.

43 Years of Compassionate Care



Big Bend Hospice

Provides end-of-life care for people with life-limiting illnesses, with a focus on comfort and quality of life. Families also receive education, guidance, and support throughout the experience. Care may include pain and symptom management, emotional and spiritual support, caregiver education, and coordination of services at home, in a facility, or at one of our inpatient hospice units.

When to Call Big Bend Health

Healthcare needs can change quickly. Big Bend Health can help you understand what level of care may be right for you or your loved one.

Consider reaching out when someone is:

- ☑ Recovering from surgery, illness, or injury and needs skilled care at home.
- ☑ Living with a serious illness and experiencing difficult symptoms or changes in quality of life.
- ☑ Having more frequent hospital visits or changes in condition.
- ☑ Needing additional support to remain comfortable and safe at home.
- ☑ Facing a life-limiting illness and beginning to focus more on comfort and quality of life.

Not sure which service is right?

Call Big Bend Health.

Our team can help you understand your options and connect you with the care that best fits your needs.

(850) 878-5310



Our Big Bend Health Providers

Big Bend Health’s provider network brings together experienced medical professionals who serve our patients, support our programs, and help guide our mission throughout the communities we serve.

Big Bend Hospice *Providers*



Jennifer Lynes, DO
Medical Director
Big Bend Hospice
Big Bend Palliative Care

Dr. Lynes is board-certified in Family Medicine and a certified Hospice Medical Director who joined Big Bend Hospice in 2016.



Fredrick Lutz, MD
Hospice Physician
Big Bend Hospice

With more than 35 years in medicine, Dr. Lutz is board-certified in family medicine and serves as a hospice physician with Big Bend Hospice.



Chitra Mony, MD
Hospice Physician
Big Bend Hospice

With a background in family medicine, Dr. Mony provides compassionate hospice care focused on comfort, dignity, and quality of life.



Heemanshi Shah-Lakshmin, MD
TMH | Hospitalist
FCCCC | Hospice Physician

Board-certified in internal medicine, Dr. Shah serves as a hospitalist and hospice physician with expertise in inpatient and end-of-life care.



Rachel Russell, MD
TMH | Hospitalist
Hospice Physician
Big Bend Hospice

Dr. Russell is a board-certified internal medicine physician and hospitalist who also serves as a hospice physician with Big Bend Hospice.



Abdul H. Sofi, MD
Hospice Physician
Big Bend Hospice

With more than 20 years in medicine, Dr. Sofi brings extensive experience in internal medicine and caring for patients with complex health needs.



R. Kelley Myers, MD
Medical Director
TMH Palliative Care
Family Medicine

Triple board-certified in family medicine, hospital medicine, and hospice and palliative medicine, Dr. Myers also serves at the First Commerce Center for Compassionate Care

Big Bend Health *Educators*



Niharika Suchak, MD
Director of Medical
Education and Research
Big Bend Health

Dr. Suchak is board-certified in internal medicine, geriatrics, and palliative medicine, with experience in medical education and leadership.



Bashonda McCloud, DNP
MSN, CCRN-C, NE-C
Clinical Educator
Big Bend Hospice

Dr. McCloud brings more than 20 years of nursing experience and a strong background in education, leadership, hospice, and patient care.

Big Bend Hospice *DNP*



Norman Pasley, DNP
MBA, MSN, RN, NHA, NE-BC, CRRN
Chief Nursing Officer
Big Bend Health

Norman Pasley brings more than 30 years of healthcare leadership, including roles at TMH in rehabilitation, home health, and outpatient care.

Big Bend Health *Medical Advisor*



Cameron Muir, MD
Medical Advisor
Big Bend Health

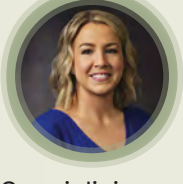
Dr. Muir is a nationally recognized leader in hospice, palliative medicine, and advanced illness care, with expertise in clinical strategy and innovation.

Big Bend Hospice *APRNs*



Heather Flynn, APRN
Nurse Practitioner
Big Bend Hospice

Heather brings advanced nursing expertise and compassionate care to patients and families as an APRN with Big Bend Hospice.



Ashley Giraldo, APRN
Nurse Practitioner
Big Bend Hospice

Specializing in geriatric medicine, Ashley provides personalized care as a nurse practitioner with Big Bend Hospice.



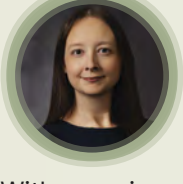
Angie Marky, APRN-BC
Nurse Practitioner
Big Bend Hospice

A board-certified family nurse practitioner, Angie has 27 years of nursing experience with expertise in oncology, palliative care, & symptom management.



Jessica Novak, APRN
Nurse Practitioner
Big Bend Hospice

As a Big Bend Hospice care provider, Jessica supports patients and families with skilled, compassionate care.



Shay Schie, APRN
Nurse Practitioner
Big Bend Hospice

With experience in critical care, oncology, and palliative care, Shay is a certified family nurse practitioner who has been with BBH since 2024.

Board of Directors *Emeritus*



David Jones, MD
Retired Capital Health Plan
Pediatric Physician

Board-certified in pediatrics, Dr. Jones has decades of experience caring for children and holds Emeritus status with the BBH Board.



Alma Littles, MD
Dean, College of Medicine
Florida State University

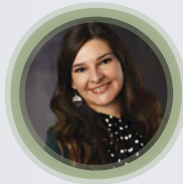
A leader in medical education, Dr. Littles serves as dean of the FSU College of Medicine and holds Emeritus status with the Big Bend Hospice Board.

Big Bend Palliative Care



Karin D'Amico, DNP
APRN-BC, NBCHWC
Nurse Practitioner
Big Bend Palliative Care

Karin brings more than 40 years of nursing experience, with expertise in hospice, palliative care, geriatrics, and complex chronic illness.



Brianna Harrod, APRN
Nurse Practitioner
Big Bend Palliative Care

As a palliative care provider, Brianna supports patients and families with personalized care focused on comfort and quality of life.



Kathleen Reid, APRN
FNP-C
BBPC | Nurse Practitioner

Kathleen brings experience in palliative care and geriatrics, with a focus on supporting patients through compassionate, home-based care.

Board Medical *Professionals*



Fitz Blake, MD, MBA, CPE
TMH | Emergency Medicine &
Palliative Care Physician and
Assistant Medical Director

Dr. Blake brings experience in emergency medicine, palliative care, and healthcare leadership and serves on the Big Bend Health Board.



Jennifer “Ally” Fields, DNP
APRN-C, CCRN, TNCC, CEN
Southern Medical Group

Dr. Fields brings experience in cardiology, critical care, trauma, and emergency medicine and serves on the Big Bend Health Board.



Lisa H. Gardner, DNP
MSN, APRN, FNP-C
FAMU | Associate Professor

A nursing leader and educator, Dr. Gardner specializes in public health and serves on the Big Bend Health Board of Directors.



Jeannine Silberman, MD
Medical Oncologist & Psychiatrist
Tallahassee Memorial Healthcare
Assistant Clinical Professor
FSU College of Medicine

Dr. Silberman brings expertise in hematology-oncology, psychiatry, and palliative care and has served on the Big Bend Health Board since 2020.



Jing Wang, PhD
MPH, RN, FAAN
FSU | Dean, College of Nursing

As Dean and Professor of the FSU College of Nursing, Dr. Wang leads nursing education and workforce development & serves on the Big Bend Health Board.